



How do I Follow Up?

Congratulations! Your child has reached another milestone, and you discussed the risks of underage drinking with them. Now, it's time to follow up on that initial encounter.

- You know what your child is passionate about. Have a discussion featuring how drinking alcohol underage could put that in jeopardy. Are your kids athletes or musicians? Are they working on their mental health or looking forward to the future? Find what hits home and discuss together what alcohol use could mean.

Parenting doesn't get easier; it's a rollercoaster of change! Parents today have more accurate information and scientific research to share when it comes to underage drinking and youth. Underage drinking is preventable.

- Keep in mind that your drinking can influence your teen's choice to drink. "Studies show a relationship between underage drinking behaviors and the drinking behaviors of adult relatives, adults in the same household, and adults in the same community and state."
- Alcohol use impacts good decision-making, and that can mean a variety of consequences.
- Next time you chat with your child about underage drinking, share a few new facts. Also, communicate that you will follow through with repercussions if they are caught using alcohol.

Use Screen4Success.

Talking with kids early and often about the risks and dangers of underage drinking and other drug use can help keep them safe. But how do you know if your child needs more support, and where do you go to find it? Screen4Success will help you better understand your child's health, wellness, and wellbeing and find resources to help address their needs.

Help is available!

Brought to you by the "Talk. They Hear You."® campaign, Screen4Success is a user-friendly screening tool for you and those you care about. Specifically, it provides a better understanding of personal health, wellness, and well-being.

Screen4Success is a quick and easy way to identify areas where someone may benefit from more support. Screen4Success asks questions about substance use, mental and physical health, general well-being, and family life. It also provides local and national resources to help address those concerns. You can use the tool for self-screening, or you can send it to someone you are concerned about. You can also help that person fill out the screener—this provides opportunities for discussion in the moment—or they can complete it on their own if that's not possible.

Please visit <https://screen4success.org/> for more information.

HELPFUL RESOURCES



Use and share Screen4Success.



Download and use "Talk. They Hear You." mobile app.



Subscribe and listen to "What Parents Are Saying" podcast.



Download and order "Talk. They Hear You." materials online from SAMHSA Store.



Download and read full "Tips for Teens" fact sheet series.



Download and read other SAMHSA underage drinking prevention and reduction materials.



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